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*Generations for Garfield
Division of Community Affairs
Garfield Police Department
160 Belmont Ave
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www.Generations4Garfield.org
Edited by NYU SoM NIEHS Center CEC*

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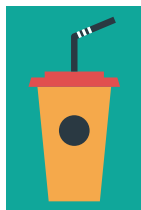
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**Congratulations on Garfield's
Community Newsletter
"Generations for Garfield"**



**Richard "Riggs"
Rigoglioso**
MAYOR



111 Outwater Lane, Garfield, NJ
rrigoglioso@garfieldnj.org
City Hall 973-340-2439
Cell 973-517-0854 • Fax 973-340-5183



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Garfield Police Department-Community Affairs 06-5306

LETTER FROM THE MAYOR

I'm not sure what happened to 2019. It feels like I was just wishing you all a Happy New Year only a few months ago, but here we are with 2020 around the corner. It appears that the snow came early; WINTER! It is always a challenge to guess what the winter months might bring our way here in the Garfield, but whatever the winter brings, I know our DPW will be prepared.

With the holiday season upon us, it's a great time of year to connect with family and friends. Whether you are staying in Garfield for the holidays or travelling to connect with loved ones. During this season of hope and joy, I offer my sincere thanks to all of our residents for your continued support, you are the foundation of Garfield and your engagement contributes to the progress and advancement of our City.

Let me also express my appreciation to all of Garfield employees for your dedication, commitment, and service to our city. The outstanding work you perform each and every day enhances the quality of life for our residents and exemplifies what building community is all about. In the spirit of the season, I commend all those neighbors and employees who have made a special effort to give back to the community.

From the Garfield Police Department's Santa Shop where the officers give out gifts to youngest residents, to the VFW, Garfield Middle School and the Community Policing toy collection drives. Let's not forget our Fire Department's, driving Santa around the neighborhoods. With an open and generous heart during these holiday events we are spreading goodwill throughout Garfield

We are looking for nominations for the annual Holiday Home Decorating Contest. The residents of the winning houses will be notified and receive a prize, a special yard sign. The winning homes will also be featured on our website and social media pages. Nominate the best lit homes in town by 12 PM, on Wednesday, December 11. Winners will be notified that night as our seniors' citizens will be bused around voting on the best home. To nominate or register a home please contact the Rec Center at 973-546-1700.

On behalf of the city council and our city manager we would like to personally invite Garfield community members to join us at City Hall on Friday, December 6th from 6 – 9 p.m. for our annual Tree Lighting Ceremony. It's a wonderful event filled with community and camaraderie as we head into the holiday season. Lastly, I would like to wish you and your family a Joyous, Safe and Healthy Holiday Season, and a Merry Christmas.

As we look forward to new and exciting opportunities that lie ahead, we remain committed to leaving no neighborhood behind, and we remain passionate about working cooperatively with all of you to make Garfield the best place to live, work, play, visit and raise a family. My warmest wishes to you and your loved ones for a Merry Christmas, a joyous holiday season, and a happy, healthy, and successful New Year. May God bless you and your families, friends and our great City of Garfield.

Mayor
Richard "Riggs" Rigoglioso

DECEMBER EVENT

| Sunday | Monday | Tuesday | Wednesday |
|---|---|--|---|
| 1 | 2 | 3 | 4 11-12 pm Generations for Garfield Walking Club Gr 20th Century Par |
| 8 | 9 Monday-Friday: Generations for Garfield Walking Club: Check-in at the Garfield Health Dept, 60 Elizabeth St, 9-3 pm | 10 8:00pm City Council Meeting | 11 11-12 pm Generations for Garfield Walking Club Gr 20th Century Par Christmas House Contest Tour |
| 15 12-3 pm Open House for new Garfield Police Headquarters | 16 Monday-Friday: Generations for Garfield Walking Club: Check-in at the Garfield Health Dept, 60 Elizabeth St, 9-3 pm | 17 9:00-11:00 am Health Counseling/ Blood Pressure Screening, GHD, 60 Elizabeth St. 8:00pm City Council Meeting | 18 11-12 pm Generations for Garfield Walking Club Gr 20th Century Par |
| 22 | 23 Monday-Friday: Generations for Garfield Walking Club: Check-in at the Garfield Health Dept, 60 Elizabeth St, 9-3 pm | 24 Christmas Eve | 25 Christmas Day |
| 29 | 30 Monday-Friday: Generations for Garfield Walking Club: Check-in at the Garfield Health Dept, 60 Elizabeth St, 9-3 pm | 31 New Year's Eve | |



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EVENT CALENDAR

| Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|
| | 5 6:30-9 pm Sew Sistas Stocking Series, Garfield VFW  7-9 pm Garfield Public Library Tree Lighting | 6  6-9 pm Annual City Hall Tree Lighting, Outwater Lane | 7 |
| Garfield Group Walk, 5k House Decorating | 12 8:30-9:30 Walking Club, 20th Century Park 10:00 am Prevent Type 2 Diabetes, Garfield VFW 6:30-9 pm Sew Sistas Stocking Series, Garfield VFW | 13 | 14  10-3 pm Santa visit at the Garfield VFW 11:30-3:45 Open House at the new Garfield Police Headquarters |
| Garfield Group Walk, 5k | 19 8:30-9:30 Walking Club, 20th Century Park 10:00 am Prevent Type 2 Diabetes, Garfield VFW | 20 | 21 |
| | 26 8:30-9:30 Walking Club, 20th Century Park 10:00 am Prevent Type 2 Diabetes, Garfield VFW | 27 | 28 <i>Include your community event on next month's calendar! Email the name, date, location & time of your event to Sgt. Jeff Stewart @ jstewart@garfieldpolice.org</i> |
| | | | |

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HEALTH & COMMUNITY NEWS

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Sharon.guerreiro@hackensackmeridian.org



National Highway Transportation Safety Administration (NHTSA) has declared December as Impaired Drivers' Month as the time between Nov. 29 and Jan. 1 is particularly deadly. Impaired driving includes drunk driving and buzzed driving—being under the influence of other substances or drugs—legally prescribed, over-the-counter drugs or illicit drugs. If you “feel different” you drive different. And that doesn’t mean you drive better!!

A few facts to keep in mind this holiday season:

- ◇ Alcohol, marijuana, and other drugs impair the ability to drive because they slow coordination, judgment, and reaction times.
- ◇ Cocaine and methamphetamine can make drivers more aggressive and reckless.
- ◇ Using two or more drugs at the same time, including alcohol, can amplify the impairing effects of each drug a person has consumed.
- ◇ Some prescription and over-the-counter medicines can cause extreme drowsiness, dizziness, and other side effects. Read and follow all warning labels before driving, and note that warnings against “operating heavy machinery” include driving a vehicle.

Responsible behavior:

- ◇ ***If you are drinking or impaired by drugs, do not drive!***
- ◇ Plan a safe ride home before you start the party.
- ◇ Use a designated driver, Uber, LYFT or local taxi service.
- ◇ If someone you know has been drinking, or taken medications that impair judgment, do not let that person get behind the wheel. Take the keys and arrange an alternate sober way for them to get home.
- ◇ If you are hosting a party where alcohol or other substances are served, make sure all guests leave with a sober driver.
- ◇ Always wear your seatbelt, it’s the best defense against impaired drivers.
- ◇ If you see an impaired driver on the road, notify police. Your actions could save someone’s life.

This is time to be joyful, celebrate with family and friends, and be a part of this festive season. Please do it safely for all concerned. Happy Holiday Season to all; celebrate and drive safely.

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Garfield Police Department-Community Affairs 06-5306

NEWS & EVENTS

New Wellness Program!



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Pictured on the cover: Annual Veteran's Dinner at the Garfield VFW and Teresa the Turkey's Thanksgiving visit to PreK.



New GPD Headquarters



Join us on Saturday December 14th from 11:30-3:45 pm and Sunday, December 15th from 12-3 pm for an Open House at the new Garfield Police Headquarters.

Those attending will be asked to present photo identification before entering the new facility. Please join us as we celebrate the opening of this state of the art facility which will serve the needs of our City for many years to come.



Mayor Richard Rigoglioso: Rrigoglioso@garfieldnj.org
 Deputy Mayor Joseph Delaney: jdelaney@garfieldnj.org
 Councilwoman Erin Delaney: Edelaney@garfieldnj.org
 Councilman Frank Calandriello: fcalandriello@garfieldnj.org
 Councilman Louis Aloia: laloia@garfieldnj.org
 City Manager Thomas Duch: tduch@garfieldnj.org

Thank you to Mayor Richard Rigoglioso, the entire City Council & City Manager Tom Duch for their support!